

# DEEP SENSING & SEEING WITH THE HEART

*An Exploration of the Heart Sutra and Empowerment of Prajnaparamita*

with Lama Mark Webber



*The Heart Sutra is one of the great Buddhist classics pointing directly to the nature of emptiness, the essence of all experience and wisdom mind. It is a pithy and poetic meditation text, compassionate and deeply moving. With mindful attention to the experiences of our eyes, ears, nose, tongue, body, perceptions, feelings and mind we begin to experience an open and wondrous freedom. The Tantric Empowerment of Prajnaparamita, who embodies the teaching of the Heart Sutra will be bestowed at the beginning of this retreat.*

*Vancouver School of Theology, University of British Columbia*

*June 26th and 27th*

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